

Directory of Programs and Services for People with Disabilities



SASKATCHEWAN 2007

Printing of this resource guide was made possible with the generous support of [SaskPower](#)

Community-based Organizations

AIDS

AIDS Saskatoon

1143 Avenue F North
Saskatoon, SK
S7L 1X1
Phone: (306) 242-5005
Fax: (306) 665-9976
Toll Free: 1-800-667-6876
E-mail: aids.saskatoon@shaw.ca
Internet: www.aidssaskatoon.ca

AIDS Regina

1504 B Albert Street
Regina, SK
S4P 2S4
Phone: (306) 924-8420 ext. 8425
Fax: (306) 522-0904
Toll Free: 1-877-210-7623
E-mail: aids.regina@sk.sympatico.ca

Provides information on HIV/AIDS and its prevention to the general public, care providers and other professionals. Our services include preparing educational presentations for schools, business, and other groups. Provides emotional support and counseling to people with HIV and HIV-related conditions, for their partners, families and friends. Raises funds to support these endeavors.

Persons Living with AIDS Network of Saskatchewan

P. O. Box 7123
Saskatoon, SK
S7K 4J1
Phone: (306) 373-7766
Fax: (306) 374-7746
Toll Free: 1-800-226-0944
E-mail: plwa@sasktel.net

To provide and operate support and social activities for persons diagnosed with HIV disease, as well as their families, friends, and partners.

Alzheimer's Disease

Alzheimer Society of Saskatchewan

301-2550 12th Avenue
Regina, SK
S4P 3X1
Phone: (306) 949-4141
Fax: (306) 949-3069
Toll Free: 1-800-263-3367
E-mail: info@alzheimer.sk.ca
Internet: www.alzheimer.sk.ca

Help families and caregivers of an impaired person maintain and increase feeling of self-worth, and control by sharing common problems. Participants discuss what living with a person with Alzheimer's is like for them, and how they cope. Individuals learn to share problems and help each other cope more effectively. Members feel free to voice their frustrations, disappointments, and successes which arise when caring for a person with Alzheimer's disease.

Amputations

Saskatoon Amputee Support Group

Phone: (306) 382-4369

Phone: (306) 373-2183

Phone: (306) 374-4448

Group of amputees offering support, information and help to people who have lost a limb. Provides support, information and encouragement to new amputees, as well as provide educational information and presentations to the general public, especially school children. Has a resource library (articles, books, pamphlets and videos) about the many aspects of coping, including rehabilitation, prosthetic devices and tips to make a daily living easier.

Arthritis

Arthritis Society

Regina

101 2550 12th Avenue

Regina, SK

S4P 3X1

Phone: (306) 352-3312

Fax: (306) 565-8731

Toll Free: 1-800-321-1433

E-mail: info@sk.arthritis.ca

Internet: www.arthritis.ca/saskatchewan

Saskatoon

#600 333 25th Street East

Saskatoon, SK

S7K 0L4

Phone: (306) 244-9922

Fax: (306) 244-9903

Toll Free: 1-800-321-1433

E-mail: info@sk.arthritis.ca

Internet: www.arthritis.ca

Offers a support group formed by people with arthritis and/or family members. Also includes educational and information services on specific forms of arthritis, pain management, medications, adaptations, treatments and coping techniques. Individuals, support groups, and health care professionals can borrow pamphlets, books and videos.

Asthma

Saskatchewan Lung Association

1231 8th Street East

Saskatoon, SK

S7H 0S5

Phone: (306) 343-9511

Fax: (306) 343-7007

E-mail: info@sk.lung.ca

Internet: www.sk.lung.ca

Offers many services to the public, including a Family Asthma Program, asthma information seminars, the ACT/Wif Churchman Camp for kids, Better Breathing Chapters, and a sleep apnea support/education group. Contact the Asthma Training Education Course, or Asthma Tree.

Attention Deficit Disorder

Children and Adults with Attention Deficit Disorder (CHADD) Chapter of Regina

(For contact information refer to Learning Disabilities Office)

Phone: (306) 352-5327

Internet: www.adhdregina.org

Provides information and support to adults and to parents of children suffering with attention deficit hyperactivity disorder. Monthly meetings include guest speakers, educational videos, resource material and the opportunity of sharing experiences.

Membership fees: \$40/year. Meets 7-9 p.m., first Tuesday of the month, September-June in the library at Sheldon Williams Collegiate, 2801 Coronation Street.

Autism

Autism Resource Centre

Regina

2941 Lakeview Avenue

Regina, SK

S4P 3Y4

Phone: (306) 569-0858

Fax: (306) 569-0889

E-mail: arcentre@sasktel.net

Internet: www.autismresourcecentre.com

Autism Treatment Services

Saskatoon

302-506 25th Street East

Saskatoon, SK

S7K 4A7

Phone: (306) 665-7013

Fax: (306) 665-7011

E-mail admin@autismservices.ca

Internet: www.autismservices.ca

A support group for parents of individuals with autism and other interested people. Involved in public awareness and education of autism.

Blindness

Canadian National Institute for the Blind

Regina

2550 Broad Street

Regina, SK

S4P 3Z4

Phone: (306) 525-2571

Fax: (306) 565-3300

Toll Free: 1-866-288-8010

E-mail: saskatchewan@cnib.ca

Internet: www.cnib.ca

Saskatoon

1705 McKercher Drive

Saskatoon, SK

S7H 5N6

Phone: (306) 374-4545

Fax: (306) 955-6224

Provides services and programs to individuals who are experiencing blindness or visual impairment. Goal is to help individuals find ways of leading active and satisfying lives in their own communities. Core services available are counseling and referral, rehabilitation teaching, orientation and mobility training, sight enhancement, technical aids, career development and employment, and library services.

Saskatchewan Blind Sports Association

510 Cynthia Street

Saskatoon, SK

S7L 7K7

Phone: (306) 975-0888

Fax: (306) 242-8007

E-mail: sbsa.sk@shaw.ca

Internet: www.saskblindsports.ca

Provides sports activities for athletes who are blind or visually impaired. A multi-sports organization. Open to anyone.

Cancer

Breast Cancer Action Saskatchewan

#E 2318 Assiniboine Avenue East

Regina, SK

S4V 2P5

Phone: (306) 586-9191

Fax: (306) 757-9703

E-mail: bcas@sasktel.net

Internet: www.bcask.ca

Raises awareness of breast cancer and other related issues, initiates and maintains breast health and breast cancer education programs for both men and women, develops and maintains a provincial network of breast cancer survivors, establishes regular 'coping with cancer' workshops for survivors, their friends, and family.

Canadian Cancer Society

Regina

1910 McIntyre Street

Regina, SK

S4P 2R3

Phone: (306) 790-5822

Fax: (306) 569-2133

Internet: www.sk.cancer.ca

Saskatoon

101-440 2nd Avenue North

Saskatoon, SK

S7K 2C3

Phone: (306) 244-4389

Fax: (306) 244-5657

E-mail: info@cis.cancer.ca

Self-help groups and workshops are provided in communities around the province to assist cancer patients and their families to cope with the fears and anxieties which accompany this disease.

Cancer Patient Lodge

Saskatoon

1036 College Drive

Saskatoon, SK

S7N 0W1

Phone: (306) 242-4852

Fax: (306) 244-5580

Internet: www.saskcancer.ca

Regina

4104 Dewdney Avenue

Regina, SK

S4T 1A3

Phone: (306) 359-3166

Provides cancer patients and their companions a place to stay while undergoing treatment. The Lodge provides board and room in a supportive environment for out-of-town patients. A nominal fee will be charged. Accommodates 28 people in 10 double and 7 single rooms as well as having 2 special needs rooms. Meals are served cafeteria style. If needed, transportation between the Lodge and the cancer centre is provided. There is no parking at the lodge.

Screening Program for Breast Cancer

Saskatoon	Regina
#12-510 Circle Drive East	952 Albert Street
Saskatoon, SK	Regina, SK
S7K 7C7	S4R 2P7
Phone: (306) 934-0550	Phone: (306) 359-0550
Fax: (306) 242-7554	Fax: (306) 359-7554
Toll Free: 1-800-567-7271	Toll Free: 1-800-667-0017
E-mail: spbc@scf.sk.ca	

Provides accurate information and complete instruction on fertility awareness and natural family planning. The Sympto-thermal test as taught by Serena is extremely effective as a method of pregnancy prevention, yet free of side effects commonly associated with other contraceptive methods. Fertility awareness information is also beneficial for those planning a pregnancy or experiencing difficulty conceiving. Also provides LAM information and instruction for postpartum and Breastfeeding women. There are also five satellite centres in Moose Jaw, Yorkton, Swift Current, Prince Albert and North Battleford. Contact one of the above centres for information on the others.

Cerebral Palsy

Saskatchewan Cerebral Palsy Association

2310 Louise Avenue
Saskatoon, SK
S7J 2C7
Phone: (306) 955-7272
Fax: (306) 373-2665
Toll Free: 1-800-925-4524
E-mail: saskcpa@shaw.ca

Offers a variety of services including a car seat loaner program, grant assistance for the purchase of special needs equipment or for educational opportunities, a lending library, scholarship award, recreation programming, accessibly playground, grants, family retreat, information and referral services, and education and awareness initiatives. Works with individuals of all ages throughout the province.

Children

Children's Wish Foundation of Canada

Saskatoon
P. O. Box 309
Saskatoon, SK
S7K 3L3
Phone: (306) 955-0511
Fax: (306) 653-9474
E-mail: SK@childrenswish.ca

Regina
Phone: (306) 547-0499
Toll Free: 1-800-267-9474

Federally chartered non-profit organization that grants the favourite wishes of children (up to the ages of 18 years) with high-risk, life threatening illnesses.

Council for Exceptional Children – Saskatchewan Federation

Box 152
Lumsden, SK
S0G 3C0
Phone: (306) 731-3541

Promotes adequate education and related services for exceptional children. Volunteers consist of parents, Sask. education employees and persons engaged in professional work related to the education of students with disabilities as well as learners who are academically gifted. Membership open to anyone.

Early Childhood Intervention Program Sask. Inc.

Provincial Coordinator
2902 Harding Street
Regina, SK
S4V 0Y4
Phone: 306-789-3637
Fax: 306-789-3639
E-mail: arlene.nicol@sasktel.net

A home-based program for families of children with disabilities, or who are at risk for developing a disability. Offers the services of an interventionist who visits the home to work cooperatively with the family and child. Holds parent group meetings. Has toy lending library for clients. Application must be made to admission to program. Open to children ages birth to 6 years. Hours: 8 a.m. – 4 p.m., Monday-Friday. Services are provided at many locations around the province. Phone or E-mail for information on local programs.

Saskatchewan Prevention Institute

1319 Colony Street
Saskatoon, SK
S7N 2Z1
Phone: (306) 655-2512
Fax: (306) 655-2511
Internet: www.preventioninstitute.sk.ca

Is a non-profit organization that helps the people of Saskatchewan learn to prevent handicapping conditions in children. Goal is to ensure that all children have the best possible chance at a healthy life. Provides print and audio visual resources based on the most recent information, educational opportunities to increase knowledge of prevention issues, assistance for community groups to develop their own education prevention programs, networking and partnering projects that further prevention efforts, and links with community, non-profit, and government organizations to ensure a coordinated approach to prevention programming.

Saskatchewan Pediatric Auditory Rehabilitation Centre

Room 21 Ellis Hall Royal University Hospital

103 Hospital Drive

Saskatoon, SK

S7N 0W8

Phone: (306) 655-1320

Fax: (306) 655-1316

E-mail: Brewster@duke.usask.ca

Provides rehabilitation services to young hearing-impaired children and their families, including auditory verbal therapy.

Socialization, Communication and Education Program (SCEP) Centre

3105 4th Avenue North

Regina, SK

S4R 0V2

Phone: (306) 543-6944

Fax: (306) 545-0199

E-mail: scepcentre@sasktel.net

Provides a comprehensive remedial program for families with young children who have communication and behaviour problems. Services include: a day program for children with intensive, individualized services; assessment and diagnosis for those enrolled in the program; individual and group advice. Emphasizes respect and nurturing for the whole child. An interdisciplinary staff demonstrates and teaches communication, social/emotional and pre-academic skills to children and SCEP methods to adults.

Chronic Fatigue Syndrome

Fibromyalgia Association of Saskatchewan

P. O. Box 7525

Saskatoon, SK

S7K 4L4

Phone: (306) 343-3627

Internet: www.fm-cfs.ca

To improve the quality of life for those directly, or indirectly, affected by the fibromyalgia syndrome and chronic fatigue syndrome by encouraging and facilitating self-help for those whose lives are affected by sharing information.

Cystic Fibrosis

Canadian Cystic Fibrosis Foundation

Box 3088
Saskatoon, SK
S7K 3S9
Phone: (306) 242-6502
Internet: www.cysticfibrosis.ca

Works to increase public awareness of cystic fibrosis, provides support to individuals with CF and their families, and raises funds for research.

Deafblind

Canadian Deafblind and Rubella Association

83 Tucker Crescent
Saskatoon, SK
S7H 3H7
Phone: (306) 374-0022
Fax: (306) 374-0004
E-mail: lorraine.cdbra@sk.sympatico.ca
Internet: www.cdbra.ca

Provides 24 hours of intervention services to individuals who are deafblind. Currently has three group homes in Saskatoon, which provides support to 11 individuals. Promotes advocates and provides service for deafblind individuals.

Diabetes

Canadian Diabetes Association

Regina	Saskatoon
917 Albert Street	104-2301 Avenue C North
Regina, SK	Saskatoon, SK
S4R 2P6	S7L 5Z5
Phone: (306) 584-8445	Phone: (306) 933-1238
Fax: (306) 586-9704	Fax: (306) 244-2012
E-mail: regina@diabetes.ca	
Internet: www.diabetes.ca	

Is the largest non-government supporter of diabetes research, education, service and advocacy in Canada. Provides support to those affected by diabetes. Has a Resource Centre with current information related to diabetes, publishes a quarterly magazine dealing with information related to diabetes, offers diabetes support groups in some locations, produces educational resources to assist in maintaining a healthy lifestyle.

Disabilities

Canadian Paraplegic Association

Regina
210-4401 Albert Street
Regina, SK
S4S 6B6
Phone: (306) 584-0101
Fax: (306) 584-0008
E-mail: regina@canparaplegic.org
Internet: www.canparaplegic.org

Saskatoon
3-3012 Louise Street
Saskatoon, SK
S7J 3L8
Phone: (306) 652-9644
Fax: (360) 652-2957

To assist persons with spinal cord injuries and other physical disabilities to achieve independence and self-reliance. Benefits include family and personal counseling, education and employment counseling, cost of future care analysis, scholarship/bursary, home modification information and advice, vehicle registration rebate, SaskTel mobility cellular phone benefits, provincial and national publications, information services and advocacy.

Cosmopolitan Learning Centre

Box 1517
Regina, SK
S4P 3C2
Phone: (306) 569-0535
Fax: (306) 569-5858
E-mail: cosmoprogram@sasktel.net

Provides a day program for adults with disabilities which attempts to improve their vocational and life skills. Open to people over 22 years of age and eligible for Saskatchewan Assistance Plan.
Hours: 8:30 a.m. – 3:30 p.m., Monday – Friday.

Farmers with Disabilities Program

(For contact information refer to Saskatchewan Abilities Council)

Assists farmers who suffer disabling accidents or disease to continue farming. Services provided include: practical information and support to newly disabled farmers, hospital and home visitations, ideas for machinery modifications and a resource library.

Gary Tinker Federation

P. O. Box 5000
La Ronge, SK
S0J 1L0
Phone: (306) 425-6612
Fax: (306) 425-6613
Toll Free: 1-866-365-5508
Internet: www.garytinker.ca

Identifies and addresses the needs of disabled persons in northern Saskatchewan. Resource centre offers information and education on disability-related issues; liaises with government and non-government agencies; facilitates development of a peer support network among persons with disabilities; promotes the establishment of self-help groups in local communities and expands vocational skills and job training opportunities for person with disabilities.

H.E.L.P. Homes of Regina

2216 Smith Street

Regina, SK

S4P 2P4

Phone: (306) 522-4357

Fax: (306) 586-7899

E-mail: helphomes@accesscomm.ca

Operates three group homes for persons with mental disabilities that provide permanent residence and training in daily living skills.

Neil Squire Society

#100 – 2445 13th Avenue

Regina, SK

S4P 0W1

Phone: (306) 781-6023

Fax: (306) 522-9474

E-mail: sk.info@neilsquire.ca

Internet: www.neilsquire.ca

Responds to needs and interests of persons who have significant physical disabilities. Undertakes research, development, adaptation, and application of computer related technology to create opportunities for achieving independence. Creative Employment Options, a comprehensive employment preparation program focusing on computer skills, operates in Regina. Provides information and consultation and assessment for: computer requirements, workplace adaptations, employer awareness and support services.

North Saskatchewan Independent Living Centre

237 5th Avenue North

Saskatoon, SK

S7K 2P2

Phone: (306) 665-5508

Fax: (306) 244-2453

E-mail: mail@nsilc.com

Internet: www.nsilc.com

Established to assist people with disabilities to achieve as much independence as possible. Services and programs include assistance finding employment, peer support activities, and entrepreneurial counseling.

Regina Residential Resource Centre

1047 Wadey Drive

Regina, SK

S4N 7J6

Phone: (306) 352-3223 (ext. 5 for crisis program)

Fax: (306) 761-2717

E-mail: rrrc@accesscomm.ca

Operates a Resource Home for respite, crisis, and planned holiday relief for families with members who have an intellectual disability. Also operates Supportive Independent Living Program for individuals with intellectual disabilities and a supportive apartment program. Office Hours: 8:30 a.m. – 4:30 p.m., Monday-Friday.

Community Crisis Support Program- was developed to provide support to individuals with intellectual disabilities who display challenging behaviours. Services are provided through the Crisis Response Home within the Regina Residential Resource Centre. It is utilized by individuals who are in crisis and no longer have a secure residential placement. Also, follow up services will be provided to individuals once they are discharged from the program.

Rehabilitation Services

Saskatoon City Hospital

701 Queen Street

Saskatoon, SK

S7K 0M7

Phone: (306) 655-8175

E-mail: therehabcentre@saskatoonhealthregion.ca

Parkridge Centre

110 Gropper Crescent

Saskatoon, SK

S7M 5N9

Phone: (306) 655-3865

Wascana Rehabilitation Centre

2180 - 23rd Avenue

Regina, SK

S4S 0A5

Phone: (306) 766-5100

Services for comprehensive medical rehabilitation, extensive facilities for adults with physical disabilities. Medical Care and consultation; physical, occupational and speech therapy; social and psychological assessment and counseling; pre-vocational testing and vocational guidance and follow-up. Referral from attending physician necessary.

Saskatchewan Abilities Council

Provincial Coordinator

2310 Louise Avenue

Saskatoon, SK

S7J 2C7

Phone: (306) 374-4448

Fax: (306) 373-2665

E-mail: provincialservices@abilitiescouncil.sk.ca

Internet: www.abilitiescouncil.sk.ca

Promotes optimal independence and active participation in society for people with disabilities. Services include: vocational rehabilitation, special needs transportation, special needs equipment, orthopedics, Camp Easter Seal, technical aids and the Farmers with disabilities Program. There are branches in Prince Albert, Regina, Saskatoon, Swift Current and Yorkton. See website or contact Provincial Services for more information.

Saskatchewan Alternative Initiatives

308-115 2nd Avenue North
Saskatoon, SK
S7K 2B1
Phone: (306) 244-5013
Fax: (306) 244-4980
E-mail: tjones.sai@sasktel.net

Is a non-profit agency, which provides services to people with disabilities. Objectives are to develop and coordinate lifestyle options for individuals with disabilities, and to work for and with the individual, their family and friends, and service agencies to enhance these options. Provides home supports and vocational/daytime supports. These include short-term respite for families. Support services are totally dependent upon each person's interests and abilities.

Saskatchewan Association for Community Living

Regina	Saskatoon
2216 Smith Street	3031 Louise Street
Regina, SK	Saskatoon, SK
S4P 2P4	S7J 3L1
Phone: (306) 790-5680	Phone: (306) 955-3344
Fax: (306) 586-7899	Fax: (306) 373-3070
E-mail: racl@sasktel.net	E-mail: sacl@sacl.org
Internet: www.sacl.org	

Advocates for people with an intellectual disability. Activities include: advocating with government and other agencies, training and education for families, volunteers and professionals, providing bursaries and research grants, monitoring and evaluating services, assisting families and individuals, operating an Employment Opportunities Program, and delivering public awareness and information.

Saskatchewan Association of Rehabilitation Centres

111 Cardinal Crescent
Saskatoon, SK
S7L 6H5
Phone: (306) 933-0616
Fax: (306) 653-3932
Toll Free: 1-800-667-3016
E-mail: contact@sarcas.sk.ca
Internet: www.sarcsarcas.ca

Serves as the provincial umbrella organization for over seventy member centres operating developmental, vocational, and residential services, as well as SARCAN Recycling with seventy depots throughout Saskatchewan. Assists members to support the quality of life for persons with disabilities through direct rehabilitation, training and job placement.

Saskatchewan Voice of People with Disabilities Inc.

984 Albert Street

Regina, SK

S4R 2P7

Phone: (306) 569-3111

Fax: (306) 569-1889

Toll Free: 1-877-569-3111

E-mail: voice@saskvoice.com

Internet: www.saskvoice.com

Community based non-profit cross disability organization of people with disabilities that promotes awareness of the unique needs of people with disabilities and develops a stable environment, which will afford appropriate opportunities to participate in activities of work, leisure, and recreation.

South Saskatchewan Independent Living Centre Inc.

2220 Albert Street

Regina, SK

S4P 2V2

Phone: (306) 757-7452

Fax: (306) 757-5892

E-mail: info@ssilc.ca

Internet: www.ssilc.ca

A non-profit, cross disability organization managed by and for people with disabilities. SSILC offers services and leadership geared toward the inclusion and full participation of people with disabilities in our community. SSILC's information Referral Service is available to assist in finding innovative solutions to disability-related questions and issues. Accessibility Audits provide a comprehensive physical analysis of facilities. Sensitivity and Awareness Training offers customized educational sessions to increase the knowledge, sensitivity and ability to interact effectively with people who have disabilities.

Special Little People of Saskatchewan

3043 Carnegie Place

Regina, SK

S4R 8H3

Phone: (306) 543-0252

E-mail: Bachelud@accesscomm.ca

Assists persons of short stature to live more independently and productively in their respective communities. Assists parents, relatives, and friends in understanding the problems and challenges of short stature people. Open to people who are 4'10" or less.

Education

Disability Services for Students -- University of Saskatchewan

Room E1
105 Administration Place
Saskatoon, SK
S7N 5A2
Phone: (306) 966-7273
Fax: (360) 966-1170
E-mail: dss@usask.ca

Is to advocate for, and create, an accessible and welcoming campus, so that students with disabilities have equal opportunities to experience full, successful academic lives. Services offered include exam accommodation, volunteer services, orientation and follow-up orientation sessions, academic support groups for students with ADD/HD and learning disabilities, accessible classroom scheduling, information on grants, scholarships, and awards, renovations for wheelchair accessibility.

Saskatchewan Learning

2 - 2220 College Avenue
Regina SK
S4P 3V7
Phone: (306) 787-1183
Fax: (306) 787-0277
Internet: www.sasklearning.gov.sk.ca

Provides direction to a specific region or school division for the province. Contact your region for information regarding services for students with special needs. Many divisions offer a variety of support services to students with mild, moderate or severe cognitive disabilities, orthopedic disabilities, several behavioral and/or health impairments. Transportation may be available.

University of Regina

Disability Resource Office, Ridell Centre
Room 251.15
3737 Wascana Parkway
Regina, SK
S4S 0A2
Phone/TTY: (306) 585-4631
Fax: (306) 585-5772
E-mail: dianne.mader@uregina.ca

Provides services that will enable all students, including those with disabilities, to approach their studies with minimum difficulty. Students should discuss their needs when registering for classes. Early registration is advised as not all areas of the campus are wheelchair accessible. Contact the advisor of Services for Students with Disabilities for additional information.

Employment

RADIUS Community Centre

#6 Bateman Crescent

Saskatoon, SK

S7H 3C2

Phone: (306) 665-0362

Fax: (306) 665-5579

E-mail: info@radiuscentre.com

Internet: www.radiuscentre.com

Registered as an independent school, the mandate includes developing and providing programs where there are gaps in community services. Offers unique services to adults, children and youth. Adults receive support and guidance to explore employment and educational options through the Career Enhancement Program. Children have the opportunity to develop a plan and establish a support system to make a successful return to regular school through the Youth Re-entry Program. Children with an acquired brain injury have the benefit of a Community Integration Service.

Supported Employment Network of Saskatchewan (SENS)

Box 2464

Prince Albert, SK

S6V 7G3

Phone: (306) 764-3740

Fax: (306) 764-7924

E-mail: tracy.meyers@shaw.ca

Internet: www.mysens.ca

Networks and provides support for people with disabilities, sharing current information on supported employment issues. Supported Employment is a range of services intended to help people with employment barriers to get and keep jobs. Provides valuable information and resources for service providers and employers. Membership is open to anyone with an interest in supported employment Saskatchewan.

Supported Employment Transition Initiative (SETI)

(For contact information refer to SENS above)

SETI is a partnership of government and community organizations that helps people with disabilities participate in the workforce.

Entrepreneurship

Entrepreneurs with Disabilities Program

(For contact information refer to the NSILC or SSILC)

E-mail don@ssilc.ca

The Entrepreneurs with Disabilities Program recognizes that entrepreneurs with disabilities have special needs. It ensures easy access to business services and other support mechanisms needed to consider self-employment as a viable option. We offer business and accessibility counseling, access to business loans with terms tailored to meet your needs. Some financing available.

Saskatchewan Regional Economic and Co-operative Development

200-3085 Albert Street

Regina, SK

S4S 0B1

Phone: (306) 787-8710

Fax: (306) 798-0796

Toll Free: 1-800-265-2001

E-mail: Marilyn.Day@gov.sk.ca

Saskatoon Special Interest Co-op Ltd.

Phone: (306) 757-7452 ext 231

Provides small business loans (maximum \$15,000) at low interest rates to persons with disabilities who are starting a business. An application form must be completed and certain criteria met to qualify. There several programs designed for people with disabilities to obtain a loan such as **Innovative Business Loans for Disabled Persons** and the **Entrepreneurial CO-OP for Disabled Persons**. Phone for more information.

Epilepsy

Epilepsy Regina

2125 15th Avenue

Regina, SK

S4P 0z8

Phone: (306) 565-0009

Fax: (306) 565-0664

E-mail: epilepsyregina@sk.sympatico.ca

Epilepsy Saskatoon

331 1702 20th Street West

Saskatoon, SK

S7M 0Z9

Phone: (306) 665-1939

Fax: (306) 665-0300

E-mail: epilepsysaskatoon@sk.sympatico.ca

Literature, videos, and speakers available. Counseling to people with epilepsy and their families. Meetings open to all interested persons. Enhances quality of life of people affected by epilepsy.

Head Injuries

Acquired Brain Injury Outreach Team (ABI)

701 Queen Street 8th Floor

Saskatoon, SK

S7K 0M7

Phone: (306) 655-8466 or (306) 655-8448

Fax: (306) 655-8454

E-mail: babcocks@ssdh.sk.ca

Provides individual and family support to people of all ages with acquired brain injury so they may live in their communities with improved quality of life. Accepts self-referrals as well as those from health care facilities, physicians, any rehabilitation program, schools, or community agencies.

Saskatchewan Association for the Rehabilitation of the Brain-Injured

#5-501 45th Street West

Saskatoon, SK

S7L 5Z9

Phone: (306) 373-3050

Fax: (306) 373-3925

E-mail: sarbi@the.link.ca

Internet: www.sarbi.ca

Affiliated with the Saskatchewan Brain Injury Association, the agency uses volunteers and professional therapists to provide rehabilitation, stimulation, and exercise to adult clients with an acquired brain injury.

Saskatchewan Brain Injury Association

1702 20th Street West

Saskatoon, SK

S7M 0Z9

Phone: (306) 373-1555

Fax: (306) 373-5655

Toll Free: 1-888-373-1555

E-mail: icoulling@saskbia.org

Internet: www.saskbia.org

Is dedicated to the prevention of brain injury, and to improving the knowledge, services, and quality of life for people living with acquired brain injury, their families, and their service providers. Aims and objectives are to attempt to answer the needs of the head injured individual, to provide support for survivors and families in crisis, and for each other through local chapters and a support network, to gather and share information relating to head injury, and to maintain a comprehensive resource centre.

Hearing Impairment

Hearing Aid Plan

2nd Floor - Sturdy Stone Building
122 3rd Avenue North
Saskatoon, SK
S7K 2H6
Phone: (306) 655-4170
Fax: (306) 655-4183

A program of the Hearing Health Services provided by Saskatoon District Health. Offers Saskatchewan residents professional and audio logical evaluations, hearing aids and fittings, counseling and technical services. Offices across Saskatchewan.

Saskatchewan Deaf and Hard of Hearing Services

Saskatoon	Regina
#3-511 1 st Avenue North	2341 Broad Street
Saskatoon, SK	Regina, SK
S7K 1X5	S4P 1Y9
Phone: (306) 665-6575	Phone: (306) 352-3323
Fax: (306) 665-7746	Fax: (306) 757-3252
Toll Free: 1-866-475-1110	Toll Free: 1-800-565-3323
E-mail: Saskatoon@sdhhs.com	E-mail: regina@sdhhs.com
Internet: www.sdhhs.com	

Is a non-profit organization which serves people who are deaf or hard of hearing with a variety of support services including a social worker, occasional rehabilitation counselor, interpreters, computerized note-taking services, and information services.

Home Care Services

Home Care

Saskatoon	Regina
201-310 Idylwyld Drive North	Phone: (306) 766-7200
Saskatoon, SK	
S7L 0Z2	
Phone: (306) 655-4300	
Fax: (306) 655-4400	

It is a health care service dedicated to assisting individuals in achieving independence in their homes. Professional services provided include nursing, physiotherapy, occupational therapy, social work and nutritional counseling. Support services include personal care, in-home respite, meal preparation and home management. For information on services and programs in another city, see the green pages in your local phonebook under Home Care.

Individualized Funding

(For contact information refer to Home Care)

An option under the Regional Health Authority (RHA) home care program that provides funding directly to a person to arrange and manage their own support services. Individualized funding is designed to provide people with increased choice and flexibility in the way their needs are met through the home care program. Funding amounts are based on assessed need, up to a maximum. Individuals can contact the home care program of their Regional Health Authority (RHA) for more detailed information.

Housing

Cheshire Homes

Saskatoon
2901 Louise Street
Saskatoon, SK
S7J 3L1

Phone: (306) 374-6191

Fax: (306) 374-3206

E-mail: chesiresaskatoon@sasktel.net

Internet: www.cheshirehomessaskatoon.com

Regina

4402 Sherwood Drive

Regina, SK

S4R 4B4

Phone: (306) 949-3270

Fax: (306) 949-3066

E-mail: cheshire.homes@sasktel.net

Mission is to provide barrier-free living, with attendant services, for adults with physical and intellectual disabilities. All housing units are wheelchair accessible. The homes enable residents to function at a maximum level of independence. Individual rooms are available for residents with common kitchen, dining, and living quarters. Residents are responsible for and required to direct their own personal care and manage their own affairs. Care attendants are present to assist residents when needed.

Chip and Dale Housing

271 Magee Crescent

Regina, SK

S4R 6K8

Phone: (306) 924-2414

Fax: (306) 924-2458

E-mail: tamaracdale@accesscomm.ca

Provides residential services to individuals who are multi-disabled and autistic.

Office Hours: 8 a.m. – 4 p.m., Monday – Friday. Board meets fourth Monday of the month.

Huston Heights

702 Sangster Boulevard

Regina, SK

S4R 8B6

Phone: (306) 949-6106

Fax: (306) 949-6106

E-mail: huston@sasktel.net

A fifty unit apartment complex designed to allow adults to live independently. A minimum of support services may be available to assist some tenants thereby enabling them to live successful on their own. Wheelchair accessible. Although this service is located in Regina, anyone who requires assistance may contact this agency.

Saskatchewan Housing

1855 Victoria Avenue
Regina, SK
S4P 3T2
Phone: (306) 787-4177
Toll Free: 1-800-667-7567
Internet: <http://www.cr.gov.sk.ca/housing>

Promotes self-sufficiency and independence by providing housing and housing services for families, seniors, persons with disabilities and others who could not otherwise afford safe, secure shelter.

Huntington's Disease

Huntington Disease Outreach Office

504 Ellis Hall Royal University Hospital
103 Hospital Drive
Saskatoon, SK
S7N 0W8
Phone: (306) 655-1699
Fax: (306) 655-1736
Internet: www.hsc-ca.org

Provides information, short term counseling and referral services to people with Huntington's Disease and their families.

Learning Disabilities

Learning Disabilities Association of Saskatchewan

Regina	Saskatoon
428 Victoria Avenue East	609 25 th Street East
Regina, SK	Saskatoon, SK
S4N 0N7	S7K 0L7
Phone: (306) 352-5327	Phone: (306) 652-4114
Fax: (306) 352-2260	Fax: (306) 652-3220
E-mail: ldas.reginabranch@sasktel.net	E-mail: reception@ldas.org
Internet: www.ldas.org	

Provides educator/parent workshops and reading intervention for school age clients with learning disabilities, summer program for LD children, Resource library with books, video/audio tapes, quarterly newsletter. EAPD referral agency..

Tamarack Foundation

510 Cynthia Street
Saskatoon, SK
S7L 7K7
Phone: (306) 975-0855
Fax: (306) 242-8007
E-mail: camptamarack@shaw.ca

Residential summer school programs for children with specific learning disabilities. Focuses on academic, self-esteem, social and recreational development.

Lupus

Lupus Support Group

Box 88
Royal University Hospital
103 Hospital Drive
Saskatoon, SK
S7N 0W8
Phone: (306) 781-6123
Toll Free: 1-877-566-6123
E-mail: less@sasklupus.com
Internet: www.sasklupus.com

Provides mutual support for individuals with lupus. Offers information on the disorder through lectures and literature. Open to lupus patients and relatives and friends. Fees: \$15 for membership and newsletter.. Meets from 2-4 p.m., three times a year in the Hospice room, second floor, Wascana Rehabilitation, 2160 23rd Avenue. Meetings are open to public.

Mental Health

Canadian Mental Health Association

Regina
2702 12th Avenue
Regina, SK
S4T 1J2
Phone: (306) 789-1088
Fax: (306) 789-2838
E-mail: contactus@cmhask.com
Internet: www.cmhask.com

Saskatoon
1301 Avenue P North
Saskatoon, SK
S7L 2X1
Phone: (306) 384-9333
Fax: (306) 978-5777
E-mail: info@cmhasaskatoon.ca

Provides vocational, social and recreational programs for persons with mental illness. Advocacy, referral, and support for people and families experiencing mental illness. Resource library. Volunteers welcome. Public education programs include Problem Gambling, depression, and workplace wellness. CMHA has several other chapters throughout the province.

Crocus Co-op

106 Avenue B South

Saskatoon, SK

S7M 1M1

Phone: (306) 655-4970

Fax: (306) 655-4971

E-mail: execdirector@crocuscooperative.orgInternet: www.crocuscooperative.org

A community based organization comprised of individuals with a history of mental health problems. Attempts to enhance the possibilities for its membership to direct and control their own lives. Broad aims and objectives of the organization involve the development of community support services that will improve the lifestyles of its membership in areas of rehabilitation, such as economic conditions, employment, recreation, and social.

Multiple Sclerosis**Multiple Sclerosis Society of Canada**

Regina

150 Albert Street

Regina, SK

S4R 2N2

Phone: (306) 522-5600

Fax: (306) 565-0477

Toll Free: 1-800-268-7582

E-mail: laurie.murphy@mssociety.caInternet: www.mssociety.ca

Saskatoon

#22-1738 Quebec Avenue

Saskatoon, SK

S7K 1V9

Phone: (306) 244-0045

Fax: (306) 665-3376

E-mail: Kathie.parry@mssociety.ca

A leader in finding a cure for Multiple Sclerosis and enable people affected by MS to enhance their quality of life. Aims and objectives are to provide patient services, educate the public about MS, support research programs and create funds to support these objectives. A weekly water exercise program, weekly Tai Chi classes and support groups that meet once a month are provided for persons with MS.

Nursing**Community Clinic**

1106 Winnipeg Street

Regina, SK

S4R 1J6

Phone: (306) 543-7880

Fax: (306) 543-5545

E-mail: sysadmin@reginacommunityclinic.caInternet: www.reginacommunityclinic.ca

Community Clinic

455 2nd Avenue North
Saskatoon, SK
S7K 2C2

Phone: (306) 652-0300

Fax: (306) 664-4120

Internet: www.saskatooncommunityclinic.ca

Community Clinic Westside

631 20th Street West
Saskatoon, SK
S7M 0X8

Phone: (306) 664-4310

Fax: (306) 934-2506

Offering physicians, nursing, counseling services, health information centre, lab and x-ray, pharmacy, optometry, optical dispensary, physical therapy, occupational therapy, nutrition, health education, community development projects and health promotion projects.

Coordinated Assessment Unit

Saskatoon

Phone: (306) 655-4346

Fax: (306) 655-4343

Is the single entry point for a variety of community based services within Saskatoon District Health. Client Care Coordinators work with clients to determine their specific needs, and link them to the most appropriate options or resources available that will help them to maintain an independent lifestyle. The entry point for access to Home Care, Special Care Homes, Community Day Programs, Community Physical Therapy, Occupational Therapy and Social work.

Ostomy**Regina Ostomy Chapter**

1910 McIntyre Street

Regina, SK

S4P 2R3

Phone: (306) 790-5825

Fax: (306) 790-5825

E-mail: uoaregina@sk.cancer.ca

Assists the medical profession in the rehabilitation of ostomatas. Promotes up-to-date information concerning ostomy care and equipment. Educate and promotes public awareness and understanding of ostomaies. Meets second Tuesday of the month, except January, July and August. 7:30 – 9:30 p.m., in the Pasqua Hospital cafeteria.

Polio**Polio Regina**

4264 Wascana Ridge

Regina, SK

S4V 2T2

Phone: (306) 761-1020

Saskatchewan Awareness of Post Polio Society Inc.
(For contact information refer to Saskatchewan Abilities Council)

Saskatoon Chapter
Phone: (306) 343-0225
Fax: 306-373-2665
Email: rnsjohnson@sasktel.net

Provides support to Polio Survivors and their families. Dispensing information on Post Polio Syndrome to survivors, health professionals and interested parties. Membership is open to polio survivors, their families, interested parties and professionals.

Parkinson's Disease

Saskatchewan Parkinson's Disease Foundation
Saskatoon Regina
Box 102, 103 Hospital Drive Phone: (306) 545-4400
Saskatoon, SK
S7N 0W8
Phone: (306) 966-8160
Fax; (306) 966-8030

Social, educational, charitable and research. Offers a Support and Exercise group for Parkinson's Disease patients and family members and/or friends.

Schizophrenia

Schizophrenia Society of Saskatchewan
2123 Broad Street
Regina, SK
S4P 1Y6
Phone: (306) 584-2620
Fax: (306) 584-0525
Email: sssprov@sasktel.net
Internet: www.schizophrenia.sk.ca

Provides information and emotional support to families and people with Schizophrenia. Creates public awareness initiatives that are aimed at the needs of children, youth, and adults alike. Assist in intervention, support for family members. Raise funds and work in partnership with other agencies, groups, government and the Schizophrenia Society of Canada.

Sleep Disorders

Saskatchewan Sleep Centre

Room 1888 Main Floor, G Wing
Royal University Hospital
103 Hospital Drive
Saskatoon, SK
S7N 0W8
Phone: (306) 655-1188

Serves to diagnose and treat patients with sleep disorders. Patients come to us after an evaluation by their family physician, who might then refer the patient to a specialist with an interest in sleep. If an overnight sleep study is warranted after consultation with the sleep specialist, a request is forwarded to the Sleep Disorders Centre for the patient to obtain an overnight polysomnogram (sleep study).

Sports and Recreation

Saskatchewan Special Olympics Society

353 Broad Street
Regina, SK
S4R 1X2
Phone: (306) 780-9247
Fax: (306) 780-9441

To provide individuals with intellectual disabilities the opportunity to participate in training and competition in sport, fitness, and physical recreation at all ability levels.

Saskatchewan Wheelchair Sports Association

510 Cynthia Street
Saskatoon, SK
S7L 7K7
Phone: (306) 975-0824
Fax: (306) 975-0825
E-mail: info@swsa.ca
Internet: www.swsa.ca

Mandate is to promote sport, recreation, leisure, fitness training, and healthy lifestyle activities for individuals with mobility impairments by providing opportunities in various types of activity. Current activities such as basketball, rugby, shooting, skiing, tennis water-skiing, racquetball, golf, sledge hockey, slow-pitch, fishing, among others.

Special Gymnastics Adventure

210 Leonard Street
Regina, SK
S4N 5V7
Phone: (306) 789-3133
Fax: (306) 789-3533
E-mail: gym.adventure@sasktel.net Internet: www.gymnasticsadventure.ca

Offers physical coordination training for children with various disabilities, from walking age to adolescence. Adult programs also available. Programs operate on a daily basis.

Wind on My Wings Sailing Club of Regina

Box 24014, 920 Broad Street
Regina, SK
S4P 0J0
Phone: (306) 924-3876
E-mail: wowsail@sasktel.net
Internet: www.wowsailing.ca

The Wind on My Wings (WOW) accessible sailing club is a Regina based organization of and for people with disabilities. The WOW club supports individuals who have varying disabilities, including people who have physical disabilities, people who are blind and visually impaired, people who have intellectual, learning or mental health disabilities. With our equipment, sailors can independently sail the boat regardless of the impact of their disability on their mobility and strength. Sailors also have access to Companion Sailors to provide support, coaching and training while on the water.

Federal Government Programs and Services

Canada Mortgage and Housing Corporation

Suite 120 1870 Albert Street
Regina, SK
S4P 4B7
Phone: (306) 780-5880
Fax: (306) 780-6645
TDD: (306) 780-881

Promotes accessible housing for persons with disabilities by: advising on barrier-free design; researching and promoting devices and techniques to adapt housing units to meet the needs of persons with disabilities; and ensuring five percent of units in non-profit and co-op projects are accessible for the disabled.

Canada Pension Plan

Human Resources Development Income Security Programs

2045 Broad Street
Regina, SK
S4P 3T7
Toll Free: 1-800-277-9914

Provides payment of disability pension for eligible CPP contributors and/or their dependent children. For more information contact the Client Service Centre at the above phone number/address.

Municipal Government Programs and Services

Community and leisure Services Division

Regina	Saskatoon
Phone: (306) 777-7146	Phone: (306) 975-3340
Fax: (306) 777-6825	Fax: (306) 975-3185
TTY: (306) 777-7001	

Provides services and leisure for, and consults with, persons with disabilities. For more information contact the department.

Human Resources

Regina	Saskatoon
4th Floor, 3211 Albert Street	222 3rd Avenue North
Regina, SK	Saskatoon, SK
S4S 5W6	S7K 0J5
Phone: (306) 787-2937	Phone: (306) 975-3261
Fax: (306) 787-4292	Fax: (306) 975-3073

Paratransit Services

Regina
Phone: (306) 777-7726 (application for registration)
Phone: (306) 777-7007 (for reservations)

Saskatoon
Phone: (306) 975-3555

Phone: (306) 694-4488

North Battleford
Phone: (306) 445-7797

Prince Albert
Phone: (306) 953-4466

Yorkton
Phone: (306) 782-9292

Provides special needs transportation for persons with disabilities.

Provincial Government Programs and Services

Employability Assistance for People with Disabilities (EAPD)

12th Floor, 1945 Hamilton Street
Regina, SK
S4P 2C8
Phone: (306) 787-5602
Fax: (306) 787-7182
E-mail: larry.carlson@sasked.gov.sk.ca
Internet: www.aee.gov.sk.ca/eapd

Provides funding to assist adults with disabilities to prepare for, secure and maintain employment. Various supports are offered, including training-on-the-job, vocational and work assessments, psycho-educational assessments, job coaching, support for employers and disability-related costs in a wide variety of post-secondary education and training programs.

Office of Disability Issues

12th Floor, 1920 Broad Street
Regina, SK
S4P 3V6
TTY: (306) 787-7283
Fax: (306) 787-3650
Toll-Free: 1-877-915-7468
Internet: www.gov.sk.ca/odi

Mandate is to direct the development of public policies, programs and services for persons with disabilities. Addresses the following issues, among others: education, training and employment, and labour concerns; income and disability support, including housing and transportation; health and wellness, quality of life, and citizenship, equitable access throughout Saskatchewan.

Public Service Commission

Services for Persons with Disabilities

2100 Broad Street
Regina, SK
S4P 1Y5
Phone: (306) 787-7575
Fax: (306) 787-7578
Toll Free: 1-866-319-5999
E-mail: webmaster@psc.gov.sk.ca
Internet: www.psc.gov.sk.ca

Works with federal government departments to eliminate employment barriers experienced by persons with disabilities. Services include: counseling; identifying appropriate assessment tools; making recommendations for job accommodations; and lending technical equipment. Contact the Regina office for more information

Saskatchewan Aids to Independent Living Program (SAIL)

2nd Floor, 3475 Albert Street

Regina, SK

S4S 6X6

Phone: (306) 787-7121

Fax: (306) 787-8679

Provides equipment and supplies to persons with disabilities to enable them to remain living at home, including: mobility aids, visual aids, prosthetic and orthotic appliances, assistance for medical supplies, non-formulary drugs, medications and oxygen.

Saskatchewan Transportation Company (STC)

2041 Hamilton Street

Regina, SK

S4P 2E2

Phone: (306) 787-3340

Internet: www.stcbus.com

The Saskatchewan Transportation Company (STC) provides a monthly medical pass. For \$53.95 plus GST, it provides for unlimited travel anywhere the STC goes. Also offers an Accessible coach service. For this service, 24 hours booking is required. Call 1-800-663-7181.

SaskTel Services for Special Needs

500-410 22nd Street East

Saskatoon, SK

S7K 1W8

Phone: 310-7253 (No Charge)

Phone/TTY: (306) 931-5932 (Admin. Purposes)

Fax: (306) 931-5950 (Admin. Purposes)

Provides telecommunications aids, some of which are subsidized, for customers who cannot use standard telephone equipment. Specialized Relay Service provides operators who link callers who are deaf/blind of hearing, or have speech disabilities with hearing callers. A national 7-1-1 (TTY users) number and a toll free number, 1-800-855-0511 (voice users) to access the Relay Service.

Student Loans

3085 Albert Street

Regina, SK

S4P 3V7

Phone: (306) 787-5620

Toll Free: 1-800-597-8278

Internet: www.student-loans.sk.ca

Provides financial assistance to students attending a post-secondary institution.